SONG TITLE

Train Track written by Lily Amis

Lyrics: Lily Amis
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I took the train with one goal in mind
Was ready to let go, leave everything behind
Covered my wounds to heal my mind
Forget my loveless past
Forgive your selfish acts

My motivation was love and togetherness
After too many painful decades
Your motivation was nothing but revenge
What a fool I was to believe you've changed!

Train Track, Train Track
Double-track railways won't let us unite
We never shared the same single-track
Our destination was always on different tracks
The reality, the reality, The railyway, The railway of life

Came all the way by train with destination love
The rail speed reminded me of the transience of life
The decades went by without you playing a part in my life
But you know what, it was your loss, not mine

I've put up with your cruelty, tolerated insults
Endured your cold shoulder for way too long
Didn't realize not having you around was a blessing
And now I return back home with an open eye
My heart is shattered but hey I will survive

Train Track, Train Track
Double-track railways won't let us unite
We never shared the same single-track
Our destination was always on different tracks
The reality, the reality, The railyway, The railway of life

I know I did everything possible
I was ready to forget and forgive for my spiritual growth
After what you've done and shown in recent days
I'm grateful I took a different way

I realize now our train had left the station years ago, years ago

I was on the right track all my life, MY railway of life
Without your love and your support by my side!
You know what I will survive….

SONG METADATA

Title: Train Track

Lyrics: Lily Amis

Artist: Lily Amis feat. Francis Eluozo

Language(s): English

Genre: Pop Ballad / Adult Contemporary

Tempo: Moderate (Ballad, ~70–80 BPM)

Instruments: Acoustic guitar, piano, strings (possible pads/atmospheric synths), vocals

Mood & Keywords: Heartbreak, survival, resilience, betrayal, forgiveness, moving on, journey, healing, strength, self-discovery

Keywords: gratitude, love, survival, support, music as healing, resilience, transformation

Sounds Like (reference artists): Lana Del Rey, Passenger, Adele, Norah Jones

Sync Potential:

- **TV/Film:** Break-up scenes, reflective/transition moments, emotional closure arcs
- **Documentaries:** Personal journeys, resilience stories, life retrospectives
- **Commercials/Campaigns:** Empowerment campaigns, resilience/motivation themes (insurance, self-growth, healing)
- **Events:** Memorials, awareness events, art installations about healing/journeys

Occasions: Break-up playlists, Self-healing / self-love playlists, Reflection/meditation moments, Travel/train journeys (literal + metaphorical)

Cultural Highlight: The metaphor of the railway as life's journey is universally relatable across cultures - particularly resonant in storytelling traditions where trains symbolize fate, separation, and resilience.

ISWC (composition code: T3339993174)

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