

SONG TITLE

Tasteless Breakfast written by Lily Amis

Lyrics: Lily Amis

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Another day, another morning, another breakfast
Had a sleepless night with a troubled mind
Woke up wondering why, why, why, why?
While I'm sleeping in my comfy bed
Millions are suffering in silence with no rest

I take a shower and think about those
Who don't know what safety means
I feel bad, so ashamed for not being able
To change this tasteless reality

Tell me! Tell me how? Tell me how can I have a goodnight sleep
When people are sleeping on freezing streets?
How can I take a hot shower
when refugees are drowning in cold seas?
How can I enjoy my breakfast
When innocent humans are suffering and starving?
Uhuhu Uhuhuuee Uhuhu Uhuhuuee

I remember the days when I was young and clueless
Excited and joyful about life and future
But something has changed recently
I don't recognize myself anymore
Nothing tastes like it did before

I open my fridge and prepare my breakfast
Everything I wane eat feels wrong and racist
Whether I choose Italian coffee or English tea
French baguette or toast with smelly Swiss cheese
German sausage or American bacons and muffins
Russian pancakes or Belgium waffles and Turkish sweets
Scrambled eggs with beans and Spanish olives
Korean kimchi or Chinese omelettes

Yeah, whatever I choose to eat, it will be tasteless

A tasteless breakfast
Because I'm wondering why, why, why, why?

Tell me! Tell me why? Tell me how?
Tell me how, Tell me how can I have a goodnight sleep
When people are sleeping on freezing streets?
Freezing streets, yeah
How can I take a hot shower
when refugees are drowning in cold seas?
How can I enjoy my breakfast, Yeah Yeah
When innocent humans are suffering and starving?

Tell me how? I need to know, I wanne know Oh, Oh
When people are sleeping on freezing streets?
Freezing streets, Freezing streets
How can I take a hot shower
when refugees are drowning in cold seas?
How can I, yeah enjoy my breakfast
When innocent humans are suffering and starving?

Uhuuhuee, Global leaders, I hope you had a goodnight sleep
Enjoy your tasty breakfast while the world, Uhuuhuee
Is suffering under your tasteless leadership, Uhuuhuee
Days and months go by, and I'm still wondering
Why? Why? Why? Why?, Uhuuhuee

SONG METADATA

Title: Tasteless Breakfast

Lyrics: Lily Amis

feat. Artist: Thir13een

Language(s): English

Genre: Soul

Tempo (BPM): 136

Key: A minor (serious, emotional tone)

Instruments: Male vocal, Bass Guitar, Drums, Piano, Pads, FX

Mood/Keywords: soulful, urgent, protest, conscious, emotional, powerful, reflective, serious, humanitarian, cinematic

Additional Tags: Protest Anthem, Humanitarian Song

Sounds Like (reference artists): Marvin Gaye, Aloe Blacc, Gil Scott-Heron

Sync Potential: *"A soulful, socially conscious track with powerful male vocals and lyrics about injustice, refugees, and human suffering - perfect for documentaries, political films, and humanitarian campaigns."*

- **Documentaries:** refugees, war, social justice, human rights, climate change
- **Campaigns:** Amnesty International, UNHCR, Red Cross, humanitarian NGOs
- **Events:** World Refugee Day, Human Rights Day, International Peace Day
- **Film/TV:** political dramas, social-issue films, protest montages

Occasions: Human Rights Day, World Refugee Day, Social Justice Campaigns, Humanitarian Documentaries

Cultural Highlight: Protest lyrics addressing **refugees, inequality, and global injustice**, placing the song firmly in the lineage of conscious soul music.

ISRC (recording code): TCAHY2402822

ISWC (composition code): T3199199974

Contact & Rights Info:

One-stop clearance

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